

# TeleBytes

"Your Cooperative Link"

## STAR COMMUNICATIONS

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### Star Communications Offers Opportunity to Two Area High School Students

Are you the parent or guardian of a 2017-18 rising high school sophomore, junior or senior? If you are, your child may be interested in the opportunity offered by the North Carolina Cooperative Council and sponsored by Star Communications. This once-in-a-lifetime opportunity will be offered and presented to two deserving high school students from the Star Communications service territory. This offer is open to high achieving young men and women, but is limited to only two youth sponsored by Star Communications.

Each year for five days in June, the camp is held at White Lake on the grounds of the North Carolina FFA Camp. The residential camp, filled with cooperative-related fun activities is also an opportunity for your child to meet other young people from across North Carolina and forge new life-long friendships. This year's North Carolina Cooperative Council Camp, scheduled for June 19-23, promises to be the biggest and best camping experience ever offered by the council. In addition to the experience offered by the camp, each student who attends will have the opportunity to apply for the North Carolina Cooperative Council Annual Scholarship Program available to camp participants during their senior year of high school.

For more information on the camp, please visit the Cooperative Council of North Carolina's website at [ccnc.coop/clc.html](http://ccnc.coop/clc.html).

For more information on how your rising sophomore, junior or senior can apply, please contact Sara Boyer at [sboyer@stmc.net](mailto:sboyer@stmc.net) or 910-564-7891. Space is limited, so if your student is interested, please contact us right away!

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## From Your Kitchen

Sure, the Irish might eat corned beef sometimes, but it is hardly the national dish of Ireland. So, how did we come to associate this as a go-to meal on St. Patrick's Day?

When Irish immigrants came to the United States, they were accustomed to eating salt pork back home, the closest meat to salt pork was bacon, which was prohibitively expensive. Corned beef, was a less-expensive cut of meat and much more affordable to the Irish-Americans. So, it was the Irish-American consumption of corned beef that initiated its association with Ireland and the holiday of St. Patrick's Day.

As for pairing cabbage with corned beef, it was simply one of the cheapest vegetables available to Irish immigrants, so it was a side dish that stuck.

So, this St. Patrick's Day, if you have never tried it, give this Irish-American recipe a try! Enjoy!

### Corned Beef and Cabbage

- 1 (5 1/2 pound) corned beef brisket
- 2 tablespoons pickling spice
- 1 large orange, sliced in rounds
- 2 stalks celery, sliced
- 1 large onion, sliced
- 1/2 cup cold water
- 6 tablespoons margarine, divided
- 1 large head cabbage, cored and sliced
- 1 cup Golden Delicious apples, cored and quartered with peel
- 1/4 cup cold water

Preheat oven to 300 degrees F. Line a 9x13 inch roasting pan with aluminum foil, leaving enough extra extending over the sides to cover and seal in the roast. Rinse the brisket and pat dry. Rub with pickling spice and place in the prepared roasting pan. Arrange celery, orange and onion slices on and around the roast. Pour in 1/2 cup water and wrap aluminum foil up over the roast tightly, making sure the ends are sealed. Bake for approximately 4 hours in the preheated oven or until meat is tender. Approximately 45 minutes before the roasting time is up, heat 3 tablespoons of margarine and 1/4 cup of water in a large pot. Add cabbage and apples. Cover and simmer over low heat for about 30 minutes. Occasionally shake the pot to ensure that the cabbage and apples do not stick. Serve cabbage and apples with sliced corned beef drizzled with remaining margarine.

### New Neighbors to Serve

M. L. Augustine.....	645-6441
Robert L. Autry.....	567-2624
William Michael Ball.....	564-5366
Asia Bush.....	645-2423
C. Casteen.....	588-4219
Brenda & Hudie Cooper.....	648-4278
Samuel C. Dew.....	866-4699
Edward Lee Few, III.....	531-3803
Noelia Giovannia Deciga Lopez.....	567-2359
Clarence D. McKoy.....	567-2898
Vencent Nelson.....	588-4158
Rehobeth AME Zion Church.....	645-6250
Bernice D. Rhodes.....	532-2688
Billy Ray Taylor.....	648-6593

### Time to "Spring" Forward!

On Sunday morning, March 12, 2017, at 2:00, we will "spring" forward one hour into Daylight Saving Time. We will be observing Daylight Saving Time until we "fall" back again on Sunday, November 5, 2017. So, before going to bed for the night on Saturday, March 11, be sure to set your clocks ahead one hour.

As an added safety measure, it is a good idea to get in the habit of checking your smoke detectors and alarms twice a year when you change your clocks. Check to make sure these devices are in good working order and make sure batteries are replaced. The few minutes it takes to check the working order of these devices may save your life or the life of someone you love!